

Reiki Hair & Facial Treatment

Starting at \$15

Helps with frazzled hair, acne, blemishes, wrinkles, and more...

Provided by:













The session is simple—we sit in chairs facing each other and I will hold my hands over your hair, face, and any other skin you want treated. Even though my hands don't touch you, you may feel pressure or warmth. This is the Reiki energy flowing through me to you.

Reiki is a Japanese technique for stress reduction & relaxation and is a safe, gentle, non-invasive form of hands-on healing. Reiki recipients report their experience of Reiki includes increased energy, reduction of pain, deep relaxation and a general feeling of well being. Reiki practitioners place their hands lightly on or just above the person receiving treatment, with the goal of facilitating the person's own healing response. If one's "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy. People use Reiki to promote overall health and well-being. Reiki is also used by people who are seeking relief from disease-related symptoms and the side effects of conventional medical treatments. In this treatment, the energy is helping your skin to heal, relax, and balance itself.

I have helped people with the following and many more issues:

Fatigue * Depression * Anxiety * Stress relief * Arthritis * Headaches * Insomnia * * Cramping and PMS * Sunburn & sun poisoning * Infections * Skin disorders ranging from acne to psoriasis * Fibromyalgia * Before surgery and Recovery after surgery * Sports/Dance related injuries - from tennis elbow to broken bones * Wellness *

Breast Cancer and other forms of cancer

including minimizing the effects of chemotherapy and radiation treatments



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